

Public Health/Community Nutrition Practice Group

# Member Spotlight

## Gloria Stables, PhD, MS, RD, LD

*2014 Academy of Nutrition and Dietetics Medallion Award Recipient*

Gloria Stables is a partner at [Catalyst Research & Communication](#), a firm offering strategic planning for health promotion and communications, located in Washington, DC. Previously, she worked for more than 25 years at the [National Institutes of Health](#), specializing in public health and disease prevention. Gloria was awarded the 2014 Medallion Award in recognition of her dedicated service to the profession and the Academy, her exceptional leadership in public health and community nutrition, and her insightful collaboration with allied health organizations.



As the National Program Director of the *5-A-Day for Better Health* campaign, Gloria integrated expertise in research, community nutrition practice, and behavioral therapy to develop a program that improved public health, promoted dietetics practice, and built an impressive nationwide public-private partnership. Testimony from representatives of professional societies, schools of public health, state health departments, industry, and advocacy groups demonstrated such enthusiastic support that the program continues through the Centers for Disease Control and Prevention and the Produce for Better Health Foundation, where it is now called [Fruits and Veggies—More Matters®](#). Gloria has helped increase recognition of the registered dietitian nutritionist through her insightful collaboration with allied health organizations, including the [Society for Nutrition Education and Behavior](#), the [U.S. Public Health Service, the Surgeon General’s Dietitian/Nutritionist Professional Advisory Committee](#), the [National Institutes of Health Nutrition Coordinating Committee](#), and the Centers for Disease Control and Prevention School Health Guidelines.

Gloria has been an active member of the Academy of Nutrition and Dietetics since 1977. Her dedication to serving the profession and the Academy is evidenced by numerous roles in the Academy and affiliates, including contributions with the Commission on Dietetic Registration, the Academy’s Work Group on U.S. Family Structure, the Public Health/Community Nutrition Practice Group, the Clinical Management Practice Group, and the District of Columbia Metropolitan Area Dietetic Association. She has received several awards and recognitions for her contributions. In 2014, Gloria was honored with one of the Academy’s highest recognitions, the Medallion Award. The award was presented at the Academy’s annual [Food & Nutrition Conference & Expo™](#) (FNCE®). Gloria was deeply honored that her undergraduate advisor, Susan Crockett, PhD, RD, traveled to the conference specifically for the award ceremony to celebrate Gloria’s accomplishments. Additionally, Gloria has received other awards from the Academy Foundation, including the President’s Circle Nutrition Education Award and the Award for Excellence in the Practice of Community Nutrition. She has also received several awards from the National Institutes of Health and the U.S. Public Health Services.

Gloria joined the Public Health/Community Nutrition Practice Group (PHCNPG) early in her career as it was the group of nutrition professionals that she most identified with, and has been greatly

involved, having previously served as Membership Committee Chair (2010-2013), Chair (2008-2009), Chair-Elect (2007-2008), and Past Chair (2009-2010).

Gloria grew up in Minot, North Dakota. During her undergraduate studies at North Dakota State University, Gloria majored in Food and Nutrition and then completed the Coordinated Undergraduate Program in Dietetics. She earned a master's degree and doctorate from Virginia Polytechnic Institute & State University.

In her free time, Gloria enjoys golfing, biking, horseback riding, and trying to keep up with her husband and three children! Once a month, Gloria cooks for a homeless shelter in the DC area and has grown to appreciate cooking in large quantities for 32 men.

PHCNPG is proud of Gloria's work and appreciates her contributions to the Academy, our practice group, and public health and community nutrition!