

Member Spotlight

Shannon Ebron, BS

PHCNPG Student Member

Shannon Ebron is a recent graduate of Fontbonne University in St. Louis, Missouri, where she earned a Bachelor of Science degree in Dietetics. Shannon feels that the opportunity for experiential learning through her didactic program was most beneficial to her professional growth. During her undergraduate training, she took advantage of opportunities to provide nutrition education to middle school students, advocate for social justice issues, and develop a deeper understanding of dietetics in a clinical setting. Shannon is currently seeking opportunities to further her training in nutrition and dietetics and become a Registered Dietitian.



Shannon grew up in St. Louis, Missouri. She attributes her decision to pursue nutrition and dietetics as a career to two major influences—her family and her community. With several outstanding cooks in her family, Shannon developed a “lifelong enthusiasm for food” at an early age. Additionally, as Shannon describes it, the South St. Louis City area has a social setting that is varied in nature. On one block, homes are restored to their historic grandeur while just around the corner homes may be in disrepair. It is evident to Shannon that community members experience issues with food security, sustainability, and social justice. Shannon’s desire to make an impact in her community’s food system has driven her to identify the nutrition and dietetics profession as her vehicle for change.

Shannon joined the Public Health/Community Nutrition Practice Group (PHCNPG) for the networking and volunteer opportunities, as well as for access to professional resources and the latest information in public health and community nutrition. Shannon was one of 15 students who were supported by PHCNPG to attend the 2013 Food & Nutrition Conference & Expo™ (FNCE®) through the 2013 FNCE® Student Stipend Program. She also serves as a member of the Website & Technology Committee.

In her free time, Shannon enjoys bicycling and reading. Her favorite foods include Mexican or Latin-inspired dishes, as well as peanut butter, avocados and milk. PHCNPG wishes Shannon well as she pursues the next steps in her path to becoming a nutrition and dietetics professional!